

Women's Health Liaison Service

617-499-5050



MOUNT AUBURN HOSPITAL



A Teaching Hospital of
Harvard Medical School

330 Mount Auburn Street
Cambridge, MA 02138
www.mountauburnhospital.org



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The Women's Health Liaison Service at Mount Auburn Hospital was created to address the emotional and social issues that affect women in the context of their reproductive functioning. Through the service, social workers take special care to assess each woman's particular needs and strengths and then partner with her to meet those challenges. We strive to deliver integrated services across settings and we collaborate with providers from the departments of Obstetrics and Gynecology, Pediatrics, and Psychiatry, along with community agencies to meet that goal.

Services:

- ◆ Psychosocial assessment
- ◆ Preconception or prenatal consultation for women at risk of perinatal mental health issues
- ◆ Individual psychotherapy and couples counseling
- ◆ Evaluation and medication management with a perinatal psychiatrist
- ◆ Referral to substance abuse programs
- ◆ Bereavement support
- ◆ Pregnancy options counseling
- ◆ Referral to community resources
- ◆ Multidisciplinary consultation for complicated medical conditions

Our services are transitional and are typically available for six months to a year depending on the situation. After that period, patients are offered referrals for additional care either at Mount Auburn Hospital or in the community.

Common Reasons for Referral:

- ◆ Anxiety, depression or other psychiatric symptoms
- ◆ Substance abuse
- ◆ New medical diagnosis
- ◆ Unplanned pregnancy
- ◆ Pregnancy loss
- ◆ Infertility
- ◆ Adoption
- ◆ Unmet basic needs
- ◆ Domestic violence and other safety concerns

Staff:

Michelle Dale, LICSW
Liz Shaffer, LCSW
Ellen Abele, LICSW

***For an intake, please call the
Social Work Department
at 617-499-5050
and ask for Liz or Michelle.***

*Most major forms of insurance are accepted
and affordable fees are offered for any
service not covered by insurance*