

## **Mount Auburn Hospital Maternity Visitor Policy**

We are very happy you have chosen to deliver your baby at Mount Auburn Hospital. This information sheet was developed to answer some common questions that frequently come up regarding our visiting policy on the Maternity Floor. If you have any further questions, please feel free to discuss them with your provider.

### **Labor and Delivery**

Labor and Delivery is considered an “acute care” unit and therefore does not have an open door policy for all visitors or visiting hours. Visitors on Labor and Delivery are limited to your predetermined support people only.

We allow up to 3 support people to be with you on Labor and Delivery. These selected people will be given a green visitor band to identify them as being allowed to come and go from the unit and your room. It is important that only the support people who are chosen get these bands, and they cannot “switch out” for additional people or give their band to others.

### **Postpartum**

The Mount Auburn Postpartum Unit functions more like other inpatient units: Most visitors are encouraged to come during scheduled visiting hours which are 1 pm to 8 pm every day of the week. During the morning hours the pediatricians and obstetric providers are typically “rounding” on patients on the floor, and there are classes and other procedures that occur during the morning which make it easier not to have visitors outside of the visiting hours window. It also gives you a chance to rest or nap without being disturbed.

Immediate family members may visit whenever is convenient for you. This generally includes siblings and grandparents of your new baby but you may define others as immediate family as well. All visitors are asked to be respectful of other patients’ need for quiet and privacy.

If you have any questions about the visiting policy on Labor and Delivery or the Maternity floors, please speak with your provider.